

## Board Retreat Overview September 13, 2010

Members in attendance: Patty Bartell, Kathy Hubka, Jean Hogan, Jody Patterson, Richard Maxfield, Wes Jones, Gary Price, Amory Lovin and Sharon Stuewe

Staff in attendance: Camille Nohe, Phyllis Gilmore, Leslie Allen, Bruno Langer, and Maryann Peerenboom

Audience in attendance: Skye Westerlund, Terry Humphrey and Tara Rosburg

### **LPC questionnaire regarding supervision**

Gary Price explained that the LPC Committee had developed a questionnaire for use when an LPC wishes to use someone other than an LCPC as their clinical supervisor. Gary felt the other professions may wish to utilize this concept for their respective professions. He also explained that a pilot test was conducted with one supervisor to see how it would work. He indicated that it went well, but felt one of the questions was confusing and asked for suggestions on rewording the question. Several ideas were offered and additional questions were suggested that might be helpful if added to the form. Gary asked that the advisory committees review the form and bring feedback to the next board meeting.

### **Core faculty to student ratio**

Gary Price explained that the LPC committee recommends a core faculty to student ratio of 1 to 25. He expressed the need to keep a fair ratio. He asked the other professions for information regarding their core faculty to student ratios. There was some discussion. Gary requested that this topic also be shared with the various advisory committees and feedback brought back to the next board meeting.

### **Definition of psychotherapy**

Phyllis Gilmore explained the topic of defining psychotherapy originally came up relating to crisis counseling as clinical training positions. There was discussion as to what type of relationship is established in psychotherapy between client and therapist. The consensus of the board was that while not all specialties may provide a broad range of experience, specialties like crisis counseling do meet the definition of psychotherapy.

It was determined that on the instruction page of future training plans, the board will strongly encourage the supervisees to seek a broad range of clinical experience during their post-graduate training period. The new form will be submitted to the advisory committees for review and then discussed by the board in November.

### **Definition of Group therapy vs. Psycho-educational groups**

Phyllis Gilmore explained that when supervisees submit training plans, they often think any type of group will fulfill the group therapy requirements. She asked for some guidance for the staff in distinguishing between group therapy and psycho-educational groups. During discussion it was pointed out that group therapy focuses on personal change and clients' feelings, while psycho-educational groups impart information to the clients. This issue is to be placed on the board meeting agenda for November.

### **Exempt /Inactive License**

Phyllis Gilmore went over the information that had been gathered through the survey on exempt and inactive licensure. Gary asked the board if this is something they wish to explore further. It was informally agreed to do so. A committee for further exploration and a recommendation to the full board was formed which includes Kathy Hubka (chair), Jean Hogan and Jody Patterson

### **After hours message**

Wes Jones reviewed his concern regarding licensees in private practice and their after hours messages. Discussion followed and the issues will be taken to the various advisory committees and brought back for full board discussion in November.

### **Supervisors responsibility when submitting a training plan**

Leslie Allen asked the board what type of responsibility a supervisor has when a training plan is submitted that lacks diagnosis and psychotherapy. There was discussion and the board consensus was that the staff would send a strong letter to the supervisor when a plan like this is presented. These supervisors should be tracked to watch for those who are "repeat offenders".

### **Posting employment opportunities on BSRB website**

Phyllis Gilmore reported that several requests had come to the board recently to post employment opportunities on the BSRB web site. The board consensus was to provide some general links to employment websites, being very careful to not give the appearance of endorsement of any particular group or agency.

### **Board Meeting**

Minutes will be provided separately.